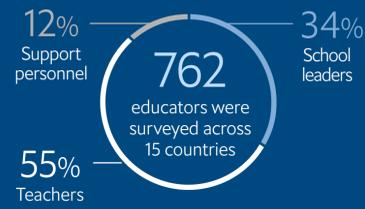


EMOTION AND COGNITION IN THE AGE OF AI

A well-being agenda for 21st century skills

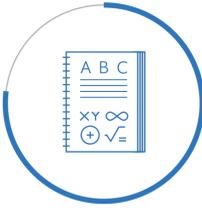
Emotional well-being is a predictor of academic and employment success, and emotional literacy is crucial for self-awareness and navigating through life. As artificial intelligence transforms the labor market, the importance of human skills like creativity, interpersonal understanding, and empathy become more valuable. Educators play a key role in developing skills which contribute to well-being. This international research explores how education professionals are prioritizing and approaching student well-being.



The EIU surveyed education professionals globally, from teachers and administrators to principals. Respondents hailed from a diverse set of economic, social and political contexts - Mexico to Sweden, Indonesia to Canada. Their insights tell us how teachers and school administrators think about, prioritize and nurture emotional well-being in schools both to improve student learning outcomes, and to prepare them better for a fast-changing labor market.



Educators see well-being as the engine of learning and cognition



*Rounded figures

53% of schools have an explicit well-being policy in place.



Well-being is maximized both inside and outside the classroom

In the classroom:

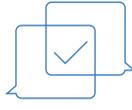


93% believe they have a **social learning** focus in class



Outside the classroom:

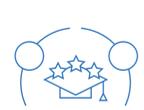
79% think **positive, stable relationships** are important to academic success



82% believe students benefit from **challenges they can overcome**



82% think **extracurricular activities** have a positive effect on well-being



75% believe a feeling of **community and belonging** impacts academic success



83% think a **supportive home environment** impacts emotional well-being



Well-being is at the heart of global education reform



67% of schools in Asia encourage development of emotional literacy in the classroom



66% of teachers in North America say they incorporate principles of emotional literacy in their classroom

Latin American educators see long-term benefits to positive education

Emotional well-being is important for **developing healthy adults and responsible citizens:**

Latin America 65% agree Rest of world 42% agree

Latin America accounted for **30% of the top ten improvers** in PISA rankings 2000-2015



Implementation challenges:



64% of teachers want to support student well-being but lack the resources or time



71% think change needs to come from leadership level

Leader schools

Nearly one in four educators self-report themselves in the 'leader' category, meaning their students enjoy higher-than-average well-being compared to other schools in the country. What does this group do differently?

Leaders are more likely to have:

A formal well-being policy:

Leaders 65% Followers 43%



A well-being measurement and monitoring strategy:

Leaders 58% Followers 31%



Positive effect on well-being:



Safe and welcoming in-class environments

Leaders 57% agree Followers 41% agree



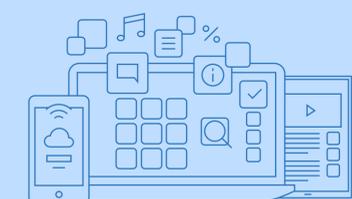
Student freedom of expression

Leaders 64% agree Followers 45% agree

Leaders are more likely to use a **wide range of metrics** to make greater use of well-being data to offer:



Top three technologies to support student well-being:



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